



---

## **NEW JERSEY ATHLETIC CONFERENCE**

### **WOMEN'S SWIMMING & DIVING ATHLETES OF THE WEEK**

**WEEK ENDING 1/7/2018**



#### ***SWIMMER OF THE WEEK***

**DARLENE HOLMES • Kean University**  
**Freshman • Jersey City, NJ/Dickinson**

Holmes earns her first NJAC Swimmer of the Week honor and the first ever for Kean's first-year program after leading the Cougars in a tri-meet at FDU-Florham over the weekend. She snagged a pair of second-place individual finishes and anchored the 400 free relay to a second place finish. She clocked 27.96 in the 50 free to place second out of seven swimmers in the race. She added a time of 1:05.50 in the 100 free, placing second out of nine swimmers. She then anchored the 400 free relay to a time of 4:49.01 to finish second out of five relay squads. The Cougars fell 109-79 to the host Devils; they also swam against Lehman in a non-scoring matchup as part of the tri-meet.

#### ***DIVER OF THE WEEK***

**NO NOMINATIONS**

#### ***ROOKIE OF THE WEEK***

**NO NOMINATIONS**