

INDIVIDUAL NEW JERSEY ATHLETIC CONFERENCE ALL-TIME CROSS COUNTRY CHAMPIONS

MEN

2019 Robert Abrams, TCNJ, 24:37
 2018 Daniel Henry, Rowan, 26:10
 2017 Kevin Veltre, Rowan, 24:38
 2016 Jeremy Hernandez, Ramapo, 25:04
 2015 Jeremy Hernandez, Ramapo, 24:53
 2014 Jonathan Sewnig, Rowan, 25:30
 2013 Robert Rawls, Rowan, 26:37
 2012 Andy Gallagher, TCNJ, 25:13
 2011 Robert Rawls, Rowan, 26:03
 2010 Abad Akhtar, Richard Stockton, 25:37
 2009 Kyle Price, Ramapo, 26:21
 2008 Christopher Guerriero, TCNJ, 24:39
 2007 Christopher Guerriero, TCNJ, 25:25
 2006 Christopher Guerriero, TCNJ, 25:31
 2005 Matt Randal, TCNJ, 25:16
 2004 Matt Molski, TCNJ, 25:42
 2003 Brian Donovan, TCNJ 26:27
 2002 Nick Ricco, TCNJ 25:22
 2001 Eamon O'Brien, TCNJ 25:51
 2000 Eamon O'Brien, TCNJ, 26:16
 1999 Mike Walker, TCNJ, 27:04
 1998 Mike Walker, TCNJ, 26:31
 1997 Shawn McElhaugh, TCNJ, 26:10
 1996 Shawn McElhaugh, TCNJ, 25:20
 1995 Mike Andino, Rowan, 26:04
 1994 Jason Capelli, TCNJ, 26:47
 1993 Rob Black, Rowan, 25:12
 1992 Matt Martin, Rowan, 25:25
 1991 John Schilling, Glassboro, 26:43
 1990 Rex Myers, Glassboro, 26:17
 1989 Rich Bostwick, Glassboro, 26:05
 1988 Rich Bostwick, Glassboro, 25:57
 1987 Rich Bostwick, Glassboro, 26:05
 1986 John Montgomery, Glassboro, 25:56
 1985 Scott Costello, Glassboro, 25:54
 1984 Ron Deckert, Glassboro, 26:23
 1983 Robert Rimkis, Glassboro, 24:15
 1982 Greg Rapp, Glassboro, 24:25
 1981 Greg Rapp, Glassboro, 24:19
 1980 Derick Adamson, Glassboro, 25:41
 1979 Jack Kruse, Glassboro, 24:47
 1978 Jack Kruse, Glassboro, 25:25
 1977 Harry Frezza, Glassboro, 24:32
 1976 Jack Kruse, Glassboro, 26:36
 1975 Ron Veneman, William Paterson, 26:28
 1974 Jeff Kicia, William Paterson, 28:29
 1973 Tim O'Donoghue, Montclair State, 24:37
 1972 Tom Fleming, William Paterson, 25:57
 1971 Tom Fleming, William Paterson, 24:44
 1970 Tom Fleming, William Paterson, 23:19
 1969 Tom Fleming, William Paterson, 24:08
 1968 Tom Greenbowe, William Paterson, 25:02
 1967 Dean Shonts, Trenton State, 25:35
 1966 Jim Harris, Montclair State, 24:39
 1965 Geoffrey Stehli, Jersey City State, 29:13
 1964 Tom Zaccone, Montclair State, 23:59.7
 1963 Geoffrey Stehli, Jersey City State, 29:11
 1962 Don Lang, Glassboro, 20:26
 1961 Brian McColgan, William Paterson, 30:25

WOMEN

Dianne Ferraro, Rowan, 22:31
 Natalie Cooper, TCNJ, 22:47
 Natalie Cooper, TCNJ, 21:44
 Natalie Cooper, TCNJ, 21:35
 Marissa Lerit, TCNJ, 21:58
 Christin Bettis, Rowan, 23:33
 Megan Borz, Rowan, 23:15
 Danielle Czohla, Rowan, 21:54
 Vanessa Wright, Rowan, 21:10
 Jena Peacock, Rowan, 21:17
 Jena Peacock, Rowan, 22:03
 Martine McGrath, TCNJ, 21:57
 Angela Tecco, TCNJ, 23:48
 Megan O'Leary, TCNJ, 23:12
 Kristen Pogorzelski, TCNJ, 22.47
 Jenna Fasulo, TCNJ, 22:59
 Beth Vesey, TCNJ, 23:45
 Beth Vesey, TCNJ, 22:27
 Beth Vesey, TCNJ, 18:45
 Julie Corbett, TCNJ, 19:04
 Noel Whitall, TCNJ, 18:37
 Noel Whitall, TCNJ, 18:21
 Kerry Moore, TCNJ, 18:43
 Amy O'Donnell, TCNJ, 17:32
 Michele Reo, Rowan, 17:44
 Suzanne Mergner, Rowan, 19:18
 Suzanne Mergner, Rowan, 18:50
 Sharon Sittineri, Rowan, 17:55
 Maureen Batiato, TCNJ, 19:19
 Maureen Batiato, TCNJ, 19:43
 Linda Vaughan, Glassboro State, 19:39
 Rosa Dominques, Montclair State, 19:55
 Jessica Levinskas, Montclair State, 19:52
 Virginia Zaleski, Trenton State, 18:52
 Michelle Nichol, Trenton State, 19:08
 Michelle Nichol, Trenton State, 19:23
 *
 *
 *
 *Incomplete records for individual champions