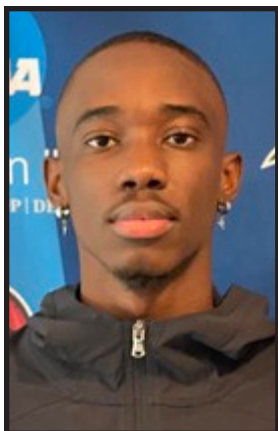




# NEW JERSEY ATHLETIC CONFERENCE

## *Athletes of the Week*

WEEK ENDING DEC. 5, 2021



### TRACK ATHLETE OF THE WEEK

CHEICKNA TRAORE • Ramapo College  
Junior • Jersey City, NJ/Innovation

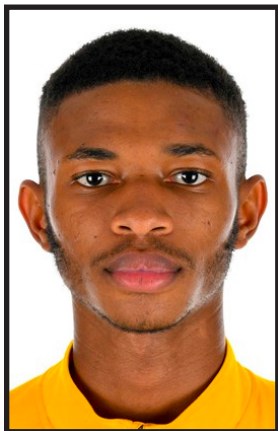
Traore is named the first NJAC Indoor Track Athlete of the Week honoree of the 2021–22 season and the first since 2019–20 as indoor track and field returns after a one-year pandemic hiatus. He had a record-setting weekend, clocking a 34.10 in the 300 meters at the TCNJ Winter Open. That time broke his own previous NCAA Division III all-time record; he currently stands at second in D3 history after his newly minted record was broken later in the weekend. Traore also ran a 48.075-second split of the 4x400 meter relay; he combined with Terrell Lockett, Max Dubac, and Matthew Cortez for a time of 3:26.48. The quartet currently rank ninth in Division III.



### FIELD ATHLETE OF THE WEEK

NANA AGYEMANG • Rowan University  
Freshman • Parsippany, NJ/Parsippany

Agyemang is named the first NJAC Indoor Field Athlete of the Week of the 2021–22 season and first since NJAC indoor track and field last competed in the 2019–20 season. He started the season strong at the Fastrack Season Opener, winning the long jump with a leap of 7.01 meters. That mark is currently best in the NJAC and fifth in NCAA Division III on the young season. Agyemang also ranks among the top-25 nationally after competing in the 200 meter dash over the weekend; he clocked a 22.63 and ranks 24th nationally.



### ROOKIE OF THE WEEK

AMARA CONTE • Rowan University  
Freshman • Jersey City, NJ/James J. Ferris

Conte collects the first NJAC Rookie of the Week honor of the 2021–22 season after a strong indoor debut as a Prof at the Fastrack Season Opener. He ran a time of 49.42 seconds in the 400 meters to place fourth overall and first among Division III runners. That time currently ranks fifth in the nation on the young season. Conte also ran a leg of the 4x400 meter relay that placed fourth overall and first among D3 teams in the meet. Conte combined with Jah'mere Beasley, Demari Kesler, and Ahmir Johnson for a time of 3:20.56, which is the best time in NCAA Division III so far this year.