



NEW JERSEY ATHLETIC CONFERENCE

WOMEN'S INDOOR TRACK & FIELD ATHLETES OF THE WEEK

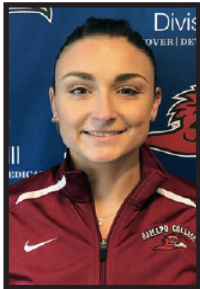
WEEK ENDING 1/20/19



TRACK ATHLETE OF THE WEEK

SAM GORMAN • The College of New Jersey
Junior • Fanwood, NJ/Scotch Plains-Fanwood

Gorman earns NJAC Track Athlete of the Week honors for the second consecutive week after traveling to Staten Island to compete at the NYC Gotham Cup meet. She placed third in a field of 63 competitors in the 200 meters with a time of 25.72. She also placed sixth in the 300 meters with a time of 41.98. Gorman also was a member of the Lions' 4x400 meter relay which placed sixth in a field of 18 teams with a time of 4:03.18. Her performances helped the Lions earn a first-place finish in the 33-team Gotham Cup meet. Gorman's personal performance in the 200 meters currently stands as the 10th-best time in the event in all of NCAA Division III this season.



FIELD ATHLETE OF THE WEEK

KRISTINA LANGAN • Ramapo College
Freshman • Wayne, NJ/Wayne Hills

A Week 4 NJAC Rookie of the Week honoree, Langan becomes the second different Roadrunner to earn NJAC Field Athlete of the Week honors after traveling to Staten Island to compete in the NYC Gotham Cup meet. She placed first in a field of 22 competitors in the pole vault with a winning mark of 3.75 meters. The winning vault by Langan currently stands as the fourth-best mark recorded in the event in all of NCAA Division III this season and the third-best mark in Ramapo program history.



ROOKIE OF THE WEEK

KASSIDY MULRYNE • The College of New Jersey
Freshman • Cream Ridge, NJ/Allentown

Mulryne earns NJAC Rookie of the Week honors for the third time this season after competing in both the NYC Gotham Cup and the Ursinus Collegeville Classic. In Staten Island, she placed sixth in the 60 meter hurdles (9.19) and second in the high jump (1.65 meters). At Ursinus, she placed first in the 60 meter hurdles (9.25) and second in the triple jump (10.82 meters). Her performances in New York helped the Lions earn a first-place finish in the 33-team Gotham Cup meet. Mulryne currently holds the 11th-best mark recorded in the high jump in all of NCAA Division III this season (1.67 meters).